

General information about children's swimming at ZUWEBE

Course location	ZUWEBE Inwil, Unt. Rainstr. 31, 6340 Baar-Inwil. Telephone 041 781 68 68
Parking	A limited number of visitor parking spaces are available directly in front of the building. Parking is subject to a charge after 30 minutes. If the visitor parking spaces are full, please use the public car park at Rainhalde (Inwil-Kirche bus stop).
Day/Time	The details are listed in the 'Course Information' email.
Participant list	For data protection reasons, participating children are now listed only by name/ first name in the 'Course Information' email.
Invoice	You will receive the invoice in a separate email. Please transfer the total amount by scanning the QR code on the invoice. Additional fees will be charged if you pay at a post office counter.
Course dates	Start and end dates of the course – as well as dates on which there is no swimming – are listed on the invoice and in the 'Course Information' email. You can also find this information in your account on our website.
Meeting	Please be changed and showered by the start of the lesson. PLEASE NOTE: The ZUWEBE buildings have an electronic access system (badge). You must enter the changing rooms together. From 5.00 pm and on Saturdays, the door to the main entrance remains closed and the rear entrance (see site plan) must be used. The course instructors will leave a badge in the box next to the rear entrance; the combination is 6341. Please return the badge to the box after opening the door and reset the combination.
Shoes	Please take off your shoes before entering the changing rooms; outdoor shoes are not permitted in the changing room area.
Changing rooms	The following rules apply to the use of the changing rooms at zuwebe during our swimming lessons: <ul style="list-style-type: none">• Children accompanied by an adult into the changing room must use the appropriate changing room with that adult: Men with their daughters go to the men's changing room, women with their sons to the women's changing room – regardless of the child's gender.• From a certain age (usually from 7 or 8 years old), children should, where possible, change independently in the changing room for their own gender. The accompanying adult waits outside or helps only briefly with dropping off and picking up.• Whenever the situation allows, we also recommend using the individual changing cubicles or shower cubicles available on site to provide additional privacy for both children and adults.
Emergency buttons	There are numerous alarm buttons in the changing rooms and in the swimming pool area. These red buttons – which are positioned at child height to accommodate wheelchairs – must only be pressed in an emergency. Parents are therefore kindly asked to ensure that their children (e.g. younger siblings waiting) do not trigger the alarm. Otherwise, the in-house emergency service will have to be called out every time. Thank you.

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- Bring along** Swimwear, **swimming cap***, towel, possibly shampoo / no swimming goggles. The swimming cap prevents hair from falling into the face during repeated submersion and swimming.
*Children attending our courses for the first time will receive a free swimming cap from us on the first day of the course.
- Absences** If you are unable to attend a lesson, please send a brief message via **text message** or email **to your assigned instructor**. You can find the contact details in the 'Course Information' email or in your login area on our website.
- Waiting during lessons** We expressly ask parents and younger siblings to wait outside or **in the changing room**. Exception: first and last lesson.

This information is also available to download at:
<https://schwimmschulestaubli.ch/downloads/index.html>